

Name: Colton Merrill, ATC, CPT		Grading Quarter: 2	Week 12 Beginning: October 21, 2024
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 1	
Monday	Notes:	<p>Objective: Differentiate between chronic injuries and unique lower leg issues; and their mechanisms, signs, symptoms and treatments.</p> <p>Lesson Overview: L 5 Chronic and other injuries</p>	<p>Academic Standards:</p> <p>6.1 3.2 1.2</p>
Tuesday	Notes:	<p>Objective: Use effective questioning techniques to gather pertinent information. Justify appropriate evaluation techniques using organizational tools. Accurately record data to evaluate injury.</p> <p>Lesson Overview: L 6 Injury evaluation of lower leg</p>	<p>Academic Standards:</p> <p>6.1 3.2 1.2</p>
Wednesday	Notes:	<p>Objective:</p> <ol style="list-style-type: none"> 1. Use key rehabilitation terminology. 2. Identify sequential phases of rehabilitation. 3. Identify the specific therapeutic actions for each phase. 4. Create an outline for a rehab plan for a lower extremity injury. <p>Lesson Overview: L 8 Injury Rehab Lower leg.pptx</p>	<p>Academic Standards:</p> <p>6.5 8.1 8.2 8.3 8.4</p>
Thursday	Notes:	<p>Objective: Learn how to properly tape the ankle and injuries of the lower extremity.</p> <p>Lesson Overview: Ankle taping 101 (1).pptx Misc. Taping and bandaging .pptx -</p>	<p>Academic Standards:</p>

Friday	Notes:	<p>Objective: Learn how to properly tape the ankle and injuries of the lower extremity.</p> <p>Lesson Overview: Ankle taping 101 (1).pptx Misc. Taping and bandaging .pptx -</p>	<p>Academic Standards: 5.5 6.5</p>
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